

IFDS RACE MANAGEMENT MANUAL

2009 - 2012

The IFDS Race Management Manual consists of the following parts:

PART 1 – Rules of Race Management

'Rules' as defined in the current issue of the Racing Rules of Sailing

PART 2 - Guidelines for the Organizing Authority/Host Organization:

Issues to be agreed between IFDS and the Host Organization and memorialized in a formal contract.

PART 3 - Suggestions and Recommendations for Conduct of the Event:

Guidelines for effective conduct of IFDS sanctioned events.

PART 4 - Appendices:

Definitions and information relating to classification, measurement, assistive devices, doping and sample documents.

The objectives of the IFDS Race Management Manual are to provide a standard set of rules for racing that take into account the specific situations encountered in running events for sailors with disabilities. Parts 2, 3, and 4 discuss policy and guidelines for IFDS sanctioned events but do not rank as '*rules*'.

INTRODUCTION AND BACKGROUND

For a number of years, disabled sailors competed in the Netherlands for the International Handicap Trophy. The first World Disabled Sailing Championship recognized by the IYRU (now ISAF) was held in Switzerland in 1991 and has been held annually in other countries around the world, except for Paralympic Years.

In 1996, sailing was included in the Atlanta Paralympic Games as a demonstration sport and was endorsed as a full medal sport in two disciplines - Three person Keelboat (Sonar) and One Person Keelboat (2.4mR) at the 2000 Sydney Paralympic Games and the 2004 Athens Paralympic Games.

Competition last took place at the 2008 Beijing (Qing-Dao) Paralympic Regatta in three disciplines: Three Person Keelboat (Sonar), Two Person Keelboat (SKUD-18), and One Person Keelboat (2.4 Metre).

World championships are held in the Paralympic Classes during each of the first three years of the Olympic/Paralympic Quadrennium. World championships are also held in Multi-Hulls and other classes including World Championships organized by the International Blind Sailing Association (IBSA). In addition, regional events are organized to encourage sailors to train for IFDS World Disabled Sailing Championships and Paralympic events.

It is strongly recommended that experienced sailors be involved in planning and preparing for these events.

PART I - Rules of Race Management

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PREAMBLE

The contents of Part 1 of the IFDS Race Management Manual are ‘rules’ as defined in the 2009-2012 Racing Rules of Sailing.

INTERPRETATION OF THE RULES OF RACE MANAGEMENT

In translating and interpreting these rules, the word ‘shall’ means mandatory. The word ‘should’ means “strong recommendation” and the word ‘may’ is permissive. It shall be further understood that the words “he” or “his” also represent “she” or “her.” In case of a disagreement between versions in different languages, the English text shall govern.

1. GENERAL

1.1 International disabled sailing events sanctioned by IFDS (IFDS events) shall be governed by:

- (a) The Racing Rules of Sailing (RRS) in effect at the time of the event.
- (b) The IFDS Functional Classification System in effect at the time of the event.
- (c) The IFDS Race Management Manual Part 1 in effect at the time of the event.
- (d) The class rules of boats being sailed at such events.
- (e) The Notice of Race for the event.
- (f) The Sailing Instructions for the event.
- (g) Other ‘rules’, as defined in the Racing Rules of Sailing, that may be applicable and which are so stated in the Notice of Race and Sailing Instructions

1.2 The IFDS Functional Classification System and Rules of Race Management may be changed for a sanctioned event only with explicit written permission from the IFDS Executive Board or the Technical Delegate if one has been appointed.

2. COMPETITION LEVELS AND CRITERIA

2.1 There are two levels of Disabled Sailing Events. Based on the Event Level, the event shall meet various criteria and involve various rules as specified.

(a) **Level 1** (e.g., IFDS Approved World Championships, and the Paralympic Regatta)

(i) Shall be fully sanctioned, approved and overseen by the IFDS Executive Board.

(ii) Shall comply with all of Part 1 of this Race Management Manual and the IFDS Functional Classification System.

(iii) Shall include an IFDS approved Technical Delegate, an IFDS appointed and ISAF approved International Jury, an Adaptations Committee, a full International Classification Committee, Class Measurers, Race Committee and Principal Race Officer.

(iv) Shall comply with Part II of this Race Management Manual.

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(b) **Level 2** (e.g. International Championships, non-World Status International Events and other events sanctioned by IFDS).

(i) Shall be recognized by IFDS and scheduled on the IFDS calendar.

(ii) Shall comply with all of Part 1 of this Race Management Manual and the IFDS Functional Classification System.

(iii) Shall include a Classification Committee, an IFDS appointed Technical Delegate and an IFDS appointed and ISAF approved International Jury or Protest Committee.

(iv) Provisions of Part II of this manual may be waived with the approval of the IFDS Executive Board.

3. CLASSIFICATION REQUIREMENTS

3.1 It is a sailors' responsibility to be properly classified before sailing in an IFDS sanctioned event. Proper classification is proven by:

- a. the possession of a valid classification passport which shall be presented at registration: or
- b. confirmation that an unclassified sailor, or one with a T or PRS classification appears on the classification schedule and that he is subsequently classified and found eligible to compete at that event.

3.2 A fee may be charged for administration and review.

3.3 Sailors shall resolve any conflicts between Measurement and Classification schedules with the Measurer and the Classification Committee..

3.4 The maximum number of Classification Points for an individual to compete in an IFDS event shall be 7.

3.5 The combined points for the three-person crew boat discipline shall not exceed 14.

3.6 The Classification requirements for competing in any two-person crew boat discipline shall be published in the Preliminary Notice of Race, the Notice of Race, or six months prior to the event, whichever is earlier.

3.6 In the Paralympic two-person keelboat discipline (currently SKUD-18), one crewmember shall be female, and one must meet the classification criteria for TPA. These two requirements may be met by the same person.

3.7 Protests regarding a sailor's classification or a crew boat combined point total shall be heard according to the IFDS Functional Classification System.

Note 2: Details of classification and related protests are outlined in the current IFDS Functional Classification System Manual, which can be accessed via the IFDS website at <http://tinyurl.com/67vtzl>

4. ADAPTATIONS

4.1 Adaptations³ are defined as equipment and/or modifications to a boat (such as but not limited to steering devices, a chair or transfer bench) which are designed to assist the sailor while sailing.

4.2 Adaptations shall:

- (a) comply with existing class rules;
- (b) not raise the sailor more than 200 mm above the existing seat level; except SKUD-18
- (c) not improve the sailor's performance beyond that of an able-bodied person;
- (d) not materially change the sailing characteristics of the boat;
- (e) not be judged unsafe, as determined by the Adaptations Committee.

Note 3: Examples of previously approved adaptations can be accessed via the IFDS website at <http://tinyurl.com/67vtzl>

4.3 Any competitor may be protested if he uses personal assistive devices and/or adaptations that were not presented as part of his classification evaluation.

5. MOVEMENT OF THE CREW WITHIN THE BOAT

5.1 In the three-person boat event:

- (a) At least one crew member shall remain entirely in the cockpit, and shall not be permitted to sit or lie on the side deck and shall not hike out. No part of his upper body, except for hands and forearms, shall touch the deck;
- (b) Members of the crew shall not go forward of the shrouds or onto the cabin top except temporarily to clear a line or in case of an emergency;
- (c) For the two remaining crew members, the options of hiking/sitting out and the fittings to do so shall be in accordance with the class rules of the boat being used for the event.
- (d) In events where the Sonar is the designated equipment, the legs, buttocks and torso of one crew member shall remain aft of the traveller at all times. A 25mm taped black line shall indicate the extension of the traveller, the after edge of which shall be a projection of the after face of the moulded recess of the traveller. The taped line shall be added during measurement.

5.2 In other events, movement of the crew within the boat shall be in accordance with class rules.

5.3 Amendments to Class Rules regarding Movement of the Crew within the Boat may be made in the Notice of Race and Sailing Instructions for individual events, but only with the consent of the IFDS Executive Board.

6. CHANGE OF CREW

6.1 Only one change of crew shall be permitted during an event and only as a result of sickness or injury.

6.2 Any such changes shall occur only with the written permission of the Technical Delegate, if appointed, or the Race Committee if no Technical Delegate has been appointed..

6.3 Any such change of crew shall not cause the team to become ineligible to compete under the Rules of Race Management or the current Functional Classification Manual.

7. SAFETY

7.1 Life Jackets

(a) Every competitor shall wear a personal flotation device with a minimum bouyancy of 275N while afloat.

(b) Competitors may remove life jackets or buoyancy assistive devices briefly (before or after, but not while, *racing*) to adjust clothing for safety or for comfort.

7.2 Thermoregulation

(a) Thermoregulation (both cooling and heating) devices, other than conventional clothing, may be worn by sailors except that such devices shall not be worn while *racing* as defined by the Racing Rules of Sailing (RRS).

(b) A sailor wearing a thermoregulation device while racing breaks RRS 43.1(a).

(c) The weight and placements of batteries or other equipment associated with thermoregulation devices shall be governed by Class Rules.

(d) This rule may be changed by Class Rules or by the Notice of Race and the Sailing Instructions, but not for Paralympic Classes, and any such changes shall comply with RRS 43.1(b).

7.3 Providing Assistance

(a) Coaches may go to the assistance of their competitors, without interfering with other racers, if they consider that the safety of the sailor is at risk. This does not change RRS 41.

(b) Once assistance is provided, the competitor shall retire immediately from the race. Every effort shall be made to notify the Race Committee of this action.

7.4 Radios

(a) Boats may carry radios subject to any restrictions imposed by law or Class Rules.

(b) Additional restrictions, if any, will be included in the Notice of Race Sailing Instructions

8. REQUESTING ASSISTANCE

8.1 A boat requiring assistance may drop her jib, luff her sails, display Code Flag "L", or take such other actions as may be specified in the Sailing Instructions. A boat using Code Flag "L" shall provide its own flag.

9. TECHNICAL DELEGATE

9.1 A Technical Delegate shall be appointed by IFDS for Level 1 and Level 2 events.

9.2 The Technical Delegate shall have final authority to rule on all racing and organizational issues that may relate to disability and the conduct of the event to assure conformity to IFDS Rules and International Paralympic Committee Rules where applicable.

9.3 Further, the Technical Delegate shall have the authority described in ISAF Regulation 18.13.6

9.4 Shall approve any written permission given by an owner of a chartered boat for drilling holes or attaching adaptations to the boat;

9.5 Shall have the authority to require that the Race Committee postpone racing, on shore or afloat, or to abandon racing for the day based upon his assessment of wind, sea and/or weather conditions;

9.6 Shall represent IFDS in all matters related to the conduct of racing, including requiring that the Race Committee perform necessary actions if, in the judgement of the Technical Delegate, the safety of competitors or the quality of racing is being, or is in danger of being materially compromised.

10. ADAPTATIONS COMMITTEE

10.1 An Adaptations Committee shall be formed to rule on adaptations for Level 1 and Level 2 events. The committee shall consist of an International Classifier, the Technical Delegate, and the Event Measurer for the Class

11. TIME LIMIT

14.1 Course length shall be calculated so as to have a race whose target time is between 50 and 75 minutes for the first boat to *finish*.

12. TIME ON THE WATER

12.1 Time on the water is defined as the period from one hour prior to the first scheduled Warning Signal of the day, or as the period from the time that AP Ashore is lowered, which ever is later, until the return to the dock of any competitor who finished the last race sailed on any day.

12.2 Time on the water shall not exceed 6 hours except with the consent of the Technical Delegate if one has been appointed. This consent shall only be granted when wind, waves, temperature, and humidity are moderate.

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12.3 Except with the consent of the Technical Delegate, time on the water shall be reduced to not more than five hours.

- (a) When sustained winds exceed 18 knots or when sustained winds exceed 15 knots and sea state can be described as 'difficult'. A good example of a 'difficult' sea state would be a short steep chop, generated by wind against current in relatively shallow water.
- (b) When temperatures lower than 15°C, or higher than 30°C with high relative humidity, prevail.
- (c) If the Time on Water, as calculated in 12.1, on any day exceeded 5.5 hours on the previous day.

12.4 A 20 minute break shall be provided for each class so that competitors may perform personal hygiene activities. This break shall occur either after the second race of the day or as soon after 4 hours on the water as possible, whichever is earlier. Competitors or their coaches are requested to inform with the RC Signal Boat as soon as they are ready to resume racing.

12.5 In the event that the Race Committee displays "AP over H" or "N over H"

- (a) during the first 90 minutes after the start of the Time on the Water period, the clock shall be reset to zero and shall restart in accordance with 12.1; or
- (b) later than 90 minutes after the start of the Time on the Water period, the clock shall be stopped and shall restart in accordance with 12.1.